**Table 2:** *TEAQ Component Structure*

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Component** | | | | | |
| **FFT (29.2)** | **CIT**  **(7.9)** | **ChT (6.3)** | **ASC (5.6)** | **AIT (4.1)** | **AUT (3.3)** |
| I always greet my friends and family by giving them a hug (Q30). | 0.75 |  |  |  |  |  |
| I often link arms with my friends and family as I walk along (Q57). | 0.74 |  |  |  |  |  |
| I like to link arms with my friends and family as I walk along (Q13). | 0.71 |  |  |  |  |  |
| I usually hug my family and friends when I am saying goodbye (Q14). | 0.70 |  |  |  |  |  |
| I find it natural to greet my friends and family with a kiss on the cheek (Q4). | 0.70 |  |  |  |  |  |
| I often make physical contact with my friends and family when I am with them (Q38). | 0.69 |  |  |  |  |  |
| It's nice when friends and family members greet me with a kiss (Q16). | 0.64 |  |  |  |  |  |
| I am on huggable terms with quite a few people (Q48). | 0.63 |  |  |  |  |  |
| I regularly hug people I am close to (Q21). | 0.62 |  |  |  |  |  |
| I like it when my friends and family greet me by giving me a hug (Q56). | 0.61 |  |  |  |  |  |
| I often put my arm around a close friend as we walk along together (Q51). | 0.58 |  |  |  |  |  |
| Most days I get a hug or a kiss (Q36). |  | -0.79 |  |  |  |  |
| I often share a romantic kiss (Q41). |  | -0.79 |  |  |  |  |
| I often have sex (Q27). |  | -0.75 |  |  |  |  |
| I don't get many hugs these days (Q53 **R**). |  | -0.75 |  |  |  |  |
| My life lacks physical affection (Q23 **R**). |  | -0.75 |  |  |  |  |
| I often hold hands with someone I am fond of (Q46). |  | -0.68 |  |  |  |  |
| I often fall asleep while holding someone I am close to (Q49). |  | -0.67 |  |  |  |  |
| I often have my skin stroked (Q45). |  | -0.62 |  |  |  |  |
| I often snuggle up on the sofa with someone (Q11). |  | -0.60 |  |  |  |  |
| I can always find somebody to physically comfort me when I am upset (Q29). |  | -0.58 |  |  |  |  |
| I often take a shower or bath with someone (Q25). |  | -0.56 |  |  |  |  |
| I am often given a shoulder massage (Q54). |  | -0.55 |  |  |  |  |
| When I am upset, there is usually someone who can comfort me (Q18). |  | -0.51 |  |  |  |  |
| I often hold hands with someone I know intimately (Q17). |  | -0.43 |  |  |  |  |
| As a child my parents would tuck me up in bed every night and give me a hug and a kiss goodnight (Q22). |  |  | -0.80 |  |  |  |
| My parents were not very physically affectionate towards me during my childhood (Q9 **R**). |  |  | -0.80 |  |  |  |
| There was a lot of physical affection during my childhood (Q5). |  |  | -0.78 |  |  |  |
| As a child my parents always comforted me when I was upset (Q33). |  |  | -0.73 |  |  |  |
| As a child I would often hug family members (Q6). |  |  | -0.72 |  |  |  |
|  | **Component** | | | | | |
| **FFT** | **CIT** | **ChT** | **ASC** | **AIT** | **AUT** |
| As a child my parents would often hold my hand when I was walking along with them (Q35). |  |  | -0.66 |  |  |  |
| As a child I found a hug from my parents when I was upset made me feel much happier (Q15). |  |  | -0.65 |  |  |  |
| My mother regularly bathed me as a child (Q32). |  |  | -0.57 |  |  |  |
| As a child my mother regularly brushed my hair (Q42). |  |  | -0.53 |  |  |  |
| I like to use face masks on my skin (Q55). |  |  |  | -0.77 |  |  |
| I like to use bath essence when having a bath (Q7). |  |  |  | -0.76 |  |  |
| I like having a bath with lots of bubble bath (Q52). |  |  |  | -0.70 |  |  |
| I like exfoliating my skin (Q43). |  |  |  | -0.67 |  |  |
| I like using body lotions (Q2). |  |  |  | -0.64 |  |  |
| I like to stroke the skin of someone I know intimately (Q47). |  |  |  |  | 0.74 |  |
| I enjoy the feeling of my skin against someone else's if I know them intimately (Q34). |  |  |  |  | 0.69 |  |
| Its feels really good when someone I am fond of runs their fingers through my hair (Q20). |  |  |  |  | 0.69 |  |
| I find stroking the hair of a person I am fond of very pleasurable (Q8). |  |  |  |  | 0.67 |  |
| I enjoy having my skin stroked (Q24). |  |  |  |  | 0.67 |  |
| Snuggling up on the sofa with someone is great (Q50). |  |  |  |  | 0.62 |  |
| I enjoy being cuddled by someone I am fond of (Q31). |  |  |  |  | 0.59 |  |
| I enjoy holding hands with someone I am fond of (Q40). |  |  |  |  | 0.59 |  |
| I like to fall asleep in the arms of someone I am close to (Q10). |  |  |  |  | 0.59 |  |
| Kissing is an enjoyable part of expressing romantic feeling (Q44). |  |  |  |  | 0.56 |  |
| I enjoy the physical intimacy of sexual foreplay (Q12). |  |  |  |  | 0.53 |  |
| Kissing is a great way of expressing physical attraction (Q19). |  |  |  |  | 0.51 |  |
| I enjoy having sex (Q26). |  |  |  |  | 0.47 |  |
| It makes me feel uncomfortable if someone I don't know very well touches me in a friendly manner (Q39 **R**). |  |  |  |  |  | 0.79 |
| If someone I don't know very well puts a friendly hand on my arm it makes me feel uncomfortable (Q37 **R**). |  |  |  |  |  | 0.79 |
| I have to know someone quite well to enjoy a hug from them (Q3 **R**). |  |  |  |  |  | 0.71 |
| I am put off by physical familiarity (Q28 **R**). |  |  |  |  |  | 0.45 |
| I dislike people being very physically affectionate towards me (Q1 **R**). |  |  |  |  |  | 0.44 |
| Component structure of the 57 item Touch Experience and Attitudes Questionnaire (TEAQ). The final component structure and the component loading of each item are shown. Item numbers are shown in parentheses after each item, with an R where appropriate to denote reverse scored items. Component 1: Friends and Family Touch (FFT), Component 2: Current Intimate Touch (CIT), Component 3: Childhood Touch (ChT), Component 4: Attitude to Self-Care (ASC), Component 5: Attitude to Intimate Touch (AIT), Component 6: Attitude to Unfamiliar Touch (AUT). Numbers in parentheses after the component names represent the percentage variance explained by each component. | | | | | | |